

Dr. David Balle

Dermatologist
by day...



... talk show host
by night

Photo by John F. Martin

By Susan Bollinger

David Balle, M.D., remembers the first time he realized his interest in medicine:

“At the end of first grade, my teacher went around the room and asked what we wanted to be when we grew up. I said, ‘A doctor.’ I don’t know what planted the idea in my head, but ever since then, I was focused on becoming a physician.”

Dr. Balle completed medical school at Wayne State University. He was a dermatology resident at Henry Ford Hospital where he also served as Chief Resident. Settling in the Grosse Pointes, he became the newest physician at Grosse Pointe Dermatology.

Dr. Balle chose to specialize in dermatology after his brother, a medical student at the same time, suggested he do a rotation in the field. “I wasn’t interested at first” said Balle, “but after I was exposed to dermatology as a senior medical student and saw what it was all about, I quickly developed a passion for it.”

Dr. Balle’s brother, Mark, also specializes in dermatology, focusing on dermatological surgery as a MOHS surgeon treating difficult skin cancers. Dr. Mark Balle resides in Grosse Pointe Shores.

While Dr. David Balle’s expertise includes treating

psoriasis, acne, sun damage, moles and skin cancer, a rapidly expanding part of his practice is cosmetic dermatology.

Many dermatologists offer injectables and fillers such as Botox, Restalayne, Perlane and Juvederm. However, Dr. Balle has not only received advanced training in their use, he is the only physician in Michigan who has trained other physicians nationally on behalf of the owners and manufacturers of injectables – Allergan for Botox and Juvederm; Medcis for Dysport, Restylane and Perlane; and Sanofi-Aventis for SculptraAesthetic.

“I teach proper and safe injection techniques as well as how to achieve optimal aesthetic results,” he explains, “It takes a true artistic touch.”

Tumescent liposuction is another growing area of his practice. “Using local anesthesia, we can achieve excellent cosmetic results safely,” he confirms

A new direction for Dr. Balle is one that truly takes him out of his comfort zone: He is a producer and host for Grosse Pointe War Memorial TV-5’s medical talk show, “In a Heartbeat” seen daily at 8 a.m., 5 p.m., and 8 p.m.

Dr. Balle is active in community organizations including the Grosse Pointe Chamber of Commerce, and is very supportive of numerous charities helping others locally and beyond. 